

Chinese Braised Mushrooms

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-babasi-mushroom-recipe>

Ingredients:

- 1 3/8 ounces dried shiitake mushrooms about 6 to 8 pieces
- 2 teaspoons oyster sauce
- 2 teaspoons sesame oil
- 2 teaspoons light soy sauce
- 2 teaspoons dark soy sauce
- 2 1/8 cups water 2 cups, plus extra for soaking

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 8 grams
3. Fat: 2.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sodium: 390 milligrams

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