

Chicken Arroz Caldo

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-arroz-caldo-recipe>

Ingredients:

- 1 cup rice uncooked malagkit
- 1 chicken in small assorted cuts
- ginger strips
- 6 cups chicken broth you can use Knorr chicken broth cubes
- 2 tablespoons patis
- 1 onion medium sized, chopped
- 4 cloves garlic chopped
- fried garlic minced, to garnish, optional
- 1 tablespoon scallions to garnish, optional
- cooking oil

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 150 milligrams
4. Fat: 16 grams
5. Fiber: 1 grams
6. Protein: 55 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 980 milligrams
9. Sugar: 2 grams

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