

# Chinese Vegetarian Fried Rice With Apples

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-apples-recipe>

## Ingredients:

- 2 cups basmati rice
- 2 apples diced
- 1 capsicum Red or yellow or green, finely chopped
- 1 tablespoon cashew nuts
- 1 tablespoon raisins
- 1 teaspoon sugar
- 1 inch ginger
- 1 teaspoon soy sauce
- 1/4 teaspoon black pepper powder
- oil as required
- water as needed
- salt as needed

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 91 grams
3. Fat: 7 grams
4. Fiber: 3 grams
5. Protein: 7 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 280 milligrams
8. Sugar: 12 grams

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