

Apple Tart [A fruity treat]

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-apple-tart-recipe>

Ingredients:

- 7 tablespoons butter diced
- 1 cup all purpose flour
- 4 tablespoons icing sugar
- 1 pinch salt
- 1 custard powder heap tbsp
- 7/8 cup milk
- 2 tablespoons sugar or to taste
- cheese 1 no. sliced
- 2 apples peeled and sliced thinly
- 5 1/3 tablespoons fine granulated sugar
- 1/2 teaspoon cinnamon powder

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 35 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 7 grams
8. Sodium: 150 milligrams
9. Sugar: 18 grams

Thank you for visiting our website. Hope you enjoy Apple Tart [A fruity treat] above. You can see more 20 chinese apple tart recipe Cook up something special! to get more great cooking ideas.