

Chinese Almond Tea – Traditional Style

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-chinese-almond-cookie-recipe>

Ingredients:

- 11/16 cup almonds Chinese sweet, apricot kernels aka south almonds
- sticky rice 40g glutinous, aka
- 3 cups water
- 2 5/16 tablespoons rock sugar or to taste

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 43 grams
3. Fat: 13 grams
4. Fiber: 4 grams
5. Protein: 8 grams
6. SaturatedFat: 1 grams
7. Sodium: 10 milligrams
8. Sugar: 1 grams

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