

# Dates Stuffed with Rosewater-Almond Paste

Yield: 3 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-almond-paste-dessert-recipe>

## Ingredients:

- 3 1/2 ounces almonds not salted or roasted
- 3 1/2 ounces powdered sugar + more for dusting
- rosewater
- 1 handful pistachios roughly chopped or roughly ground in a food processor

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 46 grams
3. Fat: 25 grams
4. Fiber: 6 grams
5. Protein: 11 grams
6. SaturatedFat: 2.5 grams
7. Sugar: 35 grams

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