

# Chili Burgers

Yield: 8 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chili-recipe-italian-sausage-ground-beef>

## Ingredients:

- 1 1/2 pounds ground beef
- 1/2 pound italian sausage
- 1/3 cup tomato based chili sauce
- pepper
- salt

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 80 milligrams
4. Fat: 22 grams
5. Protein: 20 grams
6. SaturatedFat: 8 grams
7. Sodium: 360 milligrams
8. TransFat: 1 grams

---

Thank you for visiting our website. Hope you enjoy Chili Burgers above. You can see more 19 chili recipe italian sausage ground beef Cook up something special! to get more great cooking ideas.