

# Chicken in Red Wine and Mushrooms

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-red-wine-indian-recipe>

## Ingredients:

- 2 tablespoons vegetable oil
- 1/2 whole chicken cut into pieces and skin left on
- 1 red onion
- 3 cloves garlic
- 1 cup red wine
- 2 cups chicken bullion, preferably homemade
- 1 bay leaf
- 1 tomato
- 2 tablespoons butter
- 2 tablespoons flour
- 200 grams button mushrooms
- ground black pepper
- salt

## Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 210 milligrams
4. Fat: 22 grams
5. Fiber: 2 grams
6. Protein: 63 grams
7. SaturatedFat: 7 grams
8. Sodium: 470 milligrams
9. Sugar: 4 grams

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