

How to Make a Frisco Burger

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-with-french-dressing-and-swiss-cheese-recipe>

Ingredients:

- 1/2 cup thousand island dressing
- 1/4 cup French dressing
- 3 tablespoons ketchup
- 1/4 teaspoon worcestershire sauce
- 2 pounds ground beef
- 1/2 teaspoon salt +/- to taste
- 1/2 teaspoon black pepper +/- to taste
- 1/2 teaspoon granulated garlic +/- taste
- 8 slices sourdough bread
- 4 tablespoons butter
- 4 slices american cheese
- 4 slices swiss cheese
- 4 leaves lettuce
- 8 slices Roma tomatoes

Nutrition:

1. Calories: 1340 calories
2. Carbohydrate: 86 grams
3. Cholesterol: 230 milligrams
4. Fat: 79 grams
5. Fiber: 3 grams
6. Protein: 71 grams
7. SaturatedFat: 32 grams
8. Sodium: 2150 milligrams
9. Sugar: 14 grams
10. TransFat: 2.5 grams

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