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Perfect Cashew Chicken

Yield: 6 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/simple-chinese-cashew-chicken-recipe

Ingredients:

- 1 cup cashews raw and unsalted
- 1 1/2 pounds chicken boneless skinless breast and/or thigh meat, cut into small 1-inch pieces
- 8 green onions ends trimmed
- 2 tablespoons avocado oil
- 1 tablespoon garlic minced
- 2 tablespoons rice vinegar
- 4 tablespoons hoisin sauce
- 1 tablespoon soy sauce
- 1 tablespoon fish sauce
- 1/2 teaspoon toasted sesame oil

Nutrition:

Calories: 420 calories
Carbohydrate: 18 grams
Cholesterol: 75 milligrams

4. Fat: 25 grams5. Fiber: 2 grams6. Protein: 31 grams7. SaturatedFat: 5 grams8. Sodium: 650 milligrams

9. Sugar: 6 grams

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