

# Stuffed Chicken Valentino

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-valentina-recipe>

## Ingredients:

- 4 skinless boneless chicken breast halves
- 1 teaspoon italian seasoning dried
- 2 tablespoons grated Parmesan cheese
- 6 ounces roasted red bell peppers drained
- 1/4 cup chopped fresh chives
- 4 tablespoons shredded mozzarella cheese
- salt
- pepper
- 2 tablespoons olive oil

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 135 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 45 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 1100 milligrams

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