

# Slow Cooker Chicken Tostadas

Yield: 4 min  
Total Time: 370 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-tostadas-recipes>

## Ingredients:

- 1 pound chicken breasts or Fillets
- 16 ounces salsa /Jar, Your Choice, we use the mild Publix Salsa
- 2 cups peppers Thinly Sliced
- 1 red onion Medium, Thinly Sliced
- 1 packet fajita seasoning
- 1 can refried beans
- 12 tostada shells
- shredded lettuce
- shredded cheese
- avocados
- diced tomatoes
- sour cream

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 73 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 23 grams
6. Protein: 37 grams
7. SaturatedFat: 6 grams
8. Sodium: 1410 milligrams
9. Sugar: 6 grams

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