

Mini Mexican Tortas

Yield: 8 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-tortas-recipe-mexican>

Ingredients:

- 2 cups chicken breasts shredded
- 1 cup salsa favorite
- 1 cup queso fresco crumbled
- 1 1/2 cups guacamole
- rolls 8 small, split

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 35 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 610 milligrams
9. Sugar: 3 grams

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