

# Spinach and Swiss Cheese Stuffed Chicken Thighs

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-thighs-swiss-cheese-recipe>

## Ingredients:

- 2 pounds chicken thighs boneless and skinless
- 1/2 teaspoon salt or to taste
- 1/2 teaspoon pepper or to taste
- 1 tablespoon olive oil
- 1 medium onion chopped
- 3 1/2 ounces frozen spinach thawed and chopped
- 1 teaspoon paprika
- 3 1/2 ounces swiss cheese shredded
- 1 teaspoon oregano
- 1/2 cup white wine
- 1 ounce swiss cheese

## Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 220 milligrams
4. Fat: 47 grams
5. Fiber: 2 grams
6. Protein: 49 grams
7. SaturatedFat: 15 grams
8. Sodium: 550 milligrams
9. Sugar: 2 grams

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