

Honey-Balsamic Chicken Thighs

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-thigh-recipes>

Ingredients:

- 4 bone in skin on chicken thighs about 1½ pounds
- kosher salt
- ground black pepper freshly
- 2 tablespoons extra-virgin olive oil
- 1/4 cup honey
- 2 tablespoons balsamic vinegar
- 1 clove garlic minced

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 195 milligrams
4. Fat: 42 grams
5. Protein: 39 grams
6. SaturatedFat: 10 grams
7. Sodium: 380 milligrams
8. Sugar: 19 grams

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