

Classic Chicken Tetrazzini

Yield: 7 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-tetrazzini-recipes>

Ingredients:

- 8 ounces dried linguine broken in half
- 4 tablespoons unsalted butter divided
- 20 ounces fresh mushrooms sliced
- 1 1/2 cups red bell pepper small diced
- 1 sweet onion small, diced
- 1/4 cup all purpose flour
- 2 1/2 cups fat free chicken broth low sodium
- 1 1/2 cups 2% milk
- 1/2 cup dry sherry or additional chicken broth
- 4 cups chicken cooked shredded, turkey, or ham
- 1/2 cup grated Parmesan cheese
- 2 teaspoons dried parsley
- kosher salt
- black pepper
- 10 ounces frozen peas
- 1 cup panko bread crumbs
- 1 tablespoon olive oil

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 110 milligrams
4. Fat: 16 grams
5. Fiber: 5 grams
6. Protein: 42 grams
7. SaturatedFat: 7 grams
8. Sodium: 870 milligrams
9. Sugar: 12 grams

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