

Chicken & Sweet Potato Curry

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-korma-paste-recipe>

Ingredients:

- 1 tablespoon sunflower oil
- 1 onion chopped
- 1 pound boneless, skinless chicken thighs cut into bite-sized pieces
- 5 13/16 ounces korma paste
- 2 garlic cloves crushed
- 1 1/8 pounds sweet potatoes cut into small chunks
- 2 11/16 cups chopped tomatoes
- 3 1/3 cups baby spinach
- basmati rice to serve

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 70 milligrams
4. Fat: 7 grams
5. Fiber: 6 grams
6. Protein: 29 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 230 milligrams
9. Sugar: 9 grams

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