

# Easy Chicken Stroganoff

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-stroganoff-recipe-india>

## Ingredients:

- 2 tablespoons butter
- 1 pound skinless boneless chicken breast halves cut into strips
- 6 ounces sliced mushrooms
- 1 onion medium, chopped
- 10 3/4 ounces Campbell's Condensed Cream of Chicken Soup Regular or 98% Fat Free
- 1/2 cup sour cream or plain yogurt
- 4 cups egg noodles, cooked and drained medium
- fresh parsley Chopped

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 35 milligrams
4. Fat: 16 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 9 grams
8. Sodium: 570 milligrams
9. Sugar: 4 grams

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