

Red Enchilada Chile Sauce

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-fried-chicken-sauce-recipe>

Ingredients:

- 3 Roma tomatoes
- 1 clove garlic
- 1/2 cup chicken Beef or Vegetable Stock
- 1/2 red onion
- 1 pinch Mexican oregano
- 1 chipotle in adobo sauce + 2 Teaspoons Sauce
- 1 teaspoon fresh lime juice

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 20 milligrams
4. Fat: 1 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. Sodium: 25 milligrams
8. Sugar: 2 grams

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