

Grandma's Homemade Chicken Soup

Yield: 8 min
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-soup-recipes>

Ingredients:

- 1 whole chicken
- 3 cloves garlic minced
- 1 onion large, chopped
- 5 carrots chopped
- 3 celery stalks chopped
- 2 teaspoons basil
- 2 teaspoons thyme
- 2 teaspoons salt
- 1 teaspoon ground black pepper
- 1 quart chicken broth low sodium
- 4 cups water

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 125 milligrams
4. Fat: 7 grams
5. Fiber: 2 grams
6. Protein: 41 grams
7. SaturatedFat: 2 grams
8. Sodium: 810 milligrams
9. Sugar: 3 grams

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