

Chinese Hot & Sour Soup

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-chinese-seafood-soup-recipe>

Ingredients:

- 8 ounces pork tenderloin
- 8 cups chicken broth
- 8 ounces baby portabella mushrooms sliced
- 1/4 cup rice wine vinegar
- 1/4 cup reduced sodium soy sauce
- 2 teaspoons ground ginger
- 3 teaspoons garlic chili sauce
- 1/4 cup cornstarch
- 2 large eggs whisked
- 4 green onions sliced
- 1 teaspoon sesame oil

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 70 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 14 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 400 milligrams
9. Sugar: 2 grams

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