

# Three Chicken Salad Recipes

Yield: 4 min  
Total Time: 7 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-salad-recipes>

## Ingredients:

- 1/3 cup mayonnaise
- 1 teaspoon lemon zest
- 2 tablespoons lemon juice
- 1 pound cooked chicken chopped or shredded
- salt
- freshly ground black pepper
- 1/2 cup red onion finely chopped
- 1/4 teaspoon lemon pepper
- 1/2 cup celery finely chopped
- 1/4 teaspoon celery seed
- 1/4 cup dried cranberries
- 1/4 cup walnuts chopped

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 105 milligrams
4. Fat: 27 grams
5. Fiber: 1 grams
6. Protein: 32 grams
7. SaturatedFat: 6 grams
8. Sodium: 440 milligrams
9. Sugar: 4 grams

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