

Fancy Nancy Chicken Salad (Chicken Salad Chick Copycat)

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-salad-chick-recipe-for-southern-classic>

Ingredients:

- 4 cups chicken shredded
- 1/2 cup Fuji apples chopped
- 1/2 cup red seedless grapes cut into 1/4ths
- 1/2 cup chopped celery
- 2 tablespoons chopped pecans
- 1 cup mayonnaise reduced fat is fine
- 1 1/2 teaspoons ranch season, hidden valley powder
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 160 milligrams
4. Fat: 30 grams
5. Fiber: 1 grams
6. Protein: 46 grams
7. SaturatedFat: 6 grams
8. Sodium: 760 milligrams
9. Sugar: 7 grams

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