## RecipesCh@\_se

## **Cheesy Chicken Quesadilla Pie**

Yield: 6 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/southern-living-chicken-quesadilla-recipe

## **Ingredients:**

- 3 flour tortillas 10-inch, white or wheat
- vegetable oil cooking spray
- 3 cups chicken cooked, shredded, I used about 1 1/2 pounds chicken and cooked it with this method
- 8 ounces sharp cheddar cheese shredded, about 2 cups
- 1/2 cup fresh cilantro minced
- pepper
- salt
- 2 large eggs
- 1 cup milk
- 1 cup all-purpose flour
- 1 teaspoon baking powder

## Nutrition:

- 1. Calories: 480 calories
- 2. Carbohydrate: 32 grams
- 3. Cholesterol: 185 milligrams
- 4. Fat: 21 grams
- 5. Fiber: 2 grams
- 6. Protein: 40 grams
- 7. SaturatedFat: 11 grams
- 8. Sodium: 740 milligrams
- 9. Sugar: 4 grams

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