

# Easy Puff Pastry Chicken Pockets

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-pockets-recipe-pakistani>

## Ingredients:

- 1 tablespoon butter
- 2/3 cup sweet onion diced fine
- 2 teaspoons fresh garlic minced
- 1/2 pound chicken
- 8 ounces garlic creamy, and herb Swiss cheese
- kosher salt Himalayan OR
- freshly ground black pepper
- 2 packages pastry dough Wewalka Puff
- 1 egg for egg wash

## Nutrition:

1. Calories: 1190 calories
2. Carbohydrate: 110 grams
3. Cholesterol: 95 milligrams
4. Fat: 72 grams
5. Fiber: 8 grams
6. Protein: 29 grams
7. SaturatedFat: 20 grams
8. Sodium: 1310 milligrams
9. Sugar: 1 grams

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