

# Chicken Pasta Salad with Italian Dressing

Yield: 8 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chicken-pasta-salad-with-italian-dressing>

## Ingredients:

- 2 tablespoons unsalted butter
- 2 yellow onions medium-sized, peeled and thinly sliced
- 12 ounces rotini pasta tri-color, or your favorite bite sized pasta
- 1 chicken breast large, cooked and cut into small pieces
- 8 ounces jack cheese Monterrey
- 1/2 cup Italian dressing

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 50 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 19 grams
7. SaturatedFat: 8 grams
8. Sodium: 430 milligrams
9. Sugar: 4 grams

---

Thank you for visiting our website. Hope you enjoy Chicken Pasta Salad with Italian Dressing above. You can see more 16 recipe for chicken pasta salad with italian dressing Experience culinary bliss now! to get more great cooking ideas.