

Easy One Pot Chicken And Broccoli Bake

Yield: 10 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-mushroom-rice-pakistani-recipe>

Ingredients:

- 2 tablespoons olive oil
- 1 medium onion diced
- 2 carrots cut into half moons
- 3 1/8 cups mushrooms quartered
- 2 chicken breasts boneless skinless
- 2 tablespoons butter
- 1 5/8 cups rice basmati or brown
- 2 rosemary springs
- 3 3/8 cups stock made with a stock cube, chicken or vegetable
- 1 broccoli cut into florets
- 1 teaspoon garlic granules
- 1/2 cup milk
- 1 3/8 cups cheddar cheese or similar, grated

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 55 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 20 grams
7. SaturatedFat: 6 grams
8. Sodium: 320 milligrams
9. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Easy One Pot Chicken And Broccoli Bake above. You can see more 18 chicken mushroom rice pakistani recipe Savor the mouthwatering goodness! to get more great cooking ideas.