

# Sooji Kachori stuffed with Leftover Paneer Pudina Kofta

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-kofta-recipe-turkish>

## Ingredients:

- paneer Leftover, pudina kofta
- water
- ajwain powder
- seeds carom, powder
- salt
- sooji
- semolina
- oil

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 33 grams
3. Fat: 7 grams
4. Fiber: 2 grams
5. Protein: 6 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 200 milligrams
8. Sugar: 1 grams

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