

Yummy Honey Chicken Kabobs

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-kabobs-on-the-grill-recipes>

Ingredients:

- 1/4 cup oil
- 1/3 cup honey
- 1/3 cup gluten-free soy sauce
- 1/4 teaspoon ground black pepper
- 8 skinless boneless chicken breast halves cut into 1-inch cubes
- 2 cloves garlic
- 5 onions small, cut into 2-inch pieces
- 2 red bell peppers cut into 2-inch pieces

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 40 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 5 grams
6. SaturatedFat: 1 grams
7. Sodium: 1260 milligrams
8. Sugar: 31 grams

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