

One Pan Wonder

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-green-beans-potatoes-italian-dressing-butter-recipe>

Ingredients:

- 4 chicken breasts
- 1 bag green beans Frozen Kitchen Cut
- 1/2 cup onion – thinly sliced
- 2 cups red skin potatoes – washed & quartered
- 1 packet Italian dressing
- salt optional
- pepper optional
- 4 butter small pats of

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 155 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 50 grams
7. SaturatedFat: 5 grams
8. Sodium: 490 milligrams
9. Sugar: 2 grams

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