

Nargisi Kofta / Indian Scotch Eggs

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-fry-recipe-with-corn-flour-indian>

Ingredients:

- 4 boiled eggs
- 200 grams minced chicken
- 1 teaspoon garlic paste
- 1/4 teaspoon turmeric powder
- pepper powder- 1tsp
- 1/4 teaspoon cumin powder
- Garam Masala powder- 1/4 tsp
- 2 bread slices
- salt to taste
- coriander leaves thinly chopped- 1 tbsp
- 1 cup bread crumbs
- 1 tablespoon corn flour

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 255 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 18 grams
7. SaturatedFat: 3 grams
8. Sodium: 470 milligrams
9. Sugar: 2 grams

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