

Slow Cooked Chicken Dinner

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-for-dinner-recipes>

Ingredients:

- 6 Yukon Gold potatoes or medium red, cut into chunks
- 4 medium carrots cut into 1/2-inch pieces, or equal amount baby carrots
- 4 boneless skinless chicken breast
- 10 3/4 ounces condensed cream of chicken soup
- 10 3/4 ounces condensed cream of mushroom soup
- 1/8 teaspoon garlic salt
- 4 tablespoons mashed potato flakes optional

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 135 milligrams
4. Fat: 15 grams
5. Fiber: 12 grams
6. Protein: 55 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 1300 milligrams
9. Sugar: 5 grams

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