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Stuffed Meatloaf

Yield: 9 min Total Time: 140 min

Recipe from: https://www.recipeschoose.com/recipes/chicken-with-egg-recipe-indian

Ingredients:

- 1 1/2 pounds ground beef
- 3/4 cup quick oatmeal
- 3/4 cup milk
- 1 egg
- 1/2 cup finely chopped onion
- 1 1/4 teaspoons salt
- 1/4 teaspoon pepper
- 1 package chicken Stove-Top stuffing prepared according to package instructions
- 8 ounces fresh mushrooms sliced thinly
- 1/4 cup diced onion finely
- 1 tablespoon olive oil or butter
- 21 ounces cream of mushroom soup
- 1 1/2 cups milk more as needed for consistency
- salt
- pepper

Nutrition:

- Calories: 450 calories
 Carbohydrate: 8 grams
- 3. Cholesterol: 190 milligrams
- 4. Fat: 22 grams
- 5. Fiber: 1 grams
- 6. Protein: 53 grams
- 7. SaturatedFat: 8 grams
- 8. Sodium: 850 milligrams
- 9. Sugar: 5 grams
- 10. TransFat: 1 grams

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