

CHINESE BRAISED CHICKEN WITH MUSHROOMS

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-drumettes-recipe-chinese>

Ingredients:

- 2 tablespoons oil
- 3 slices ginger julienned
- 1 1/4 pounds chicken drumettes
- 10 dried shiitake mushrooms
- 2 cups warm water
- 3/4 cup wood ear mushrooms dried, rinsed and soaked
- 1/4 cup cooking wine
- 1 teaspoon sugar
- 1 1/2 tablespoons soy sauce
- 1/2 teaspoon dark soy sauce
- 1 1/4 cups soaking liquid mushroom
- 1 scallion sliced

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 110 milligrams
4. Fat: 33 grams
5. Fiber: 3 grams
6. Protein: 30 grams
7. SaturatedFat: 6 grams
8. Sodium: 1460 milligrams
9. Sugar: 3 grams

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