

Sheet Pan Lemon Garlic Chicken, Potatoes, & Broccoli with Dairy Free “Cheesy” Herb Sauce

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-breast-recipes>

Ingredients:

- 1/2 cup olive oil
- 4 cloves garlic minced
- 1 lemon
- 1/2 lemon about 3-4 tbsp
- 1 tablespoon spicy brown mustard or regular mustard
- 1 teaspoon raw honey
- 1 teaspoon onion powder
- 1 teaspoon basil
- 1 teaspoon oregano
- 1/2 teaspoon smoked paprika
- 1 teaspoon sea salt
- 1/2 teaspoon pepper
- 1 marinade recipe of the above Lemon Garlic
- 8 boneless chicken thighs
- 9 yellow potatoes quartered
- 2 heads broccoli cut into florets, about 6 or so cups
- sea salt /pepper to taste
- 1 cup yogurt full fat dairy free, such coconut yogurt I like the large tubs of So Delicious plain yogurt
- 1/4 cup nutritional yeast
- 1 tablespoon lemon juice
- 1 teaspoon dried parsley
- 1 teaspoon dried chives
- 1/2 teaspoon dried dill
- 1/4 teaspoon sea salt
- 1 pinch pepper