

Tortellini Soup

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-with-chicken-and-italian-sausage-and-pasta>

Ingredients:

- 1 pound italian sausage crumbled
- 1 chicken breast cubed
- 1 tablespoon olive oil
- 1 red bell pepper
- 8 ounces button mushrooms sliced
- 1 celery rib medium sliced
- 2 large carrots grated and medium chopped
- 1/2 yellow onion medium, small diced
- 28 ounces crushed tomatoes Italian
- 49 ounces chicken broth
- 2 teaspoons basil
- 8 ounces tortellini
- 2 cups fresh spinach packed
- salt
- pepper
- fresh Parmesan cheese grated

Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 145 milligrams
4. Fat: 48 grams
5. Fiber: 9 grams
6. Protein: 50 grams
7. SaturatedFat: 16 grams
8. Sodium: 1700 milligrams
9. Sugar: 5 grams

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