

Jalapeno Chicken II

Yield: 6 min

Total Time: 165 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-breast-bacon-italian-dressing-recipe>

Ingredients:

- 6 skinless boneless chicken breast halves pounded to 1/4 inch thickness
- 16 ounces Italian dressing
- 3 jalapeno peppers fresh, halved lengthwise and seeded
- 3 ounces cream cheese softened
- 6 slices bacon

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 35 milligrams
4. Fat: 39 grams
5. Protein: 4 grams
6. SaturatedFat: 10 grams
7. Sodium: 1530 milligrams
8. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Jalapeno Chicken II above. You can see more 17 chicken breast bacon italian dressing recipe Elevate your taste buds! to get more great cooking ideas.