

Crispy Parmesan Garlic Chicken With Zucchini

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-breast-recipe-with-italian-bread-crumbs>

Ingredients:

- 2 chicken breasts sliced in half, or 4 thin chicken breasts
- 8 tablespoons butter divided
- 1/2 cup Italian bread crumbs
- 1/2 cup grated Parmesan divided
- 1/4 cup flour
- 2 medium zucchini sliced
- 2 garlic cloves minced

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 110 milligrams
4. Fat: 29 grams
5. Fiber: 2 grams
6. Protein: 21 grams
7. SaturatedFat: 17 grams
8. Sodium: 700 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Crispy Parmesan Garlic Chicken With Zucchini above. You can see more 16 chicken breast recipe with italian bread crumbs Savor the mouthwatering goodness! to get more great cooking ideas.