

# Slow Cooker Mexican Shredded Chicken Tacos

Yield: 4 min  
Total Time: 480 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-shredded-chicken-recipe>

## Ingredients:

- 2 boneless, skinless chicken breasts large, about 1 pound
- 14 1/2 ounces diced tomatoes can Hunt's
- 1 cup chicken broth
- 1 tablespoon ground cumin
- 1 teaspoon salt
- 1 teaspoon pepper
- taco shells corn tortilla
- 2 cups shredded lettuce
- 1/2 red onion chopped
- 1 avocado chopped
- Mexican cheese shredded
- sour cream

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 40 milligrams
4. Fat: 12 grams
5. Fiber: 5 grams
6. Protein: 16 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 700 milligrams
9. Sugar: 5 grams

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