

Mushroom Curry

Yield: 2 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/garlic-mushroom-recipe-indian-style>

Ingredients:

- 200 grams mushrooms quartered
- 2 onions medium size, finely chopped
- 2 tomatoes medium sized, finely chopped
- 15 cashew nuts
- 2 cloves garlic grated
- 1/2 inch ginger grated
- 1/2 teaspoon chilli powder
- 1/4 teaspoon garam masala powder
- 1 tablespoon oil
- coriander finely chopped, for garnishing, optional
- water as required
- salt to taste

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 15 grams
3. Fat: 6 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. Sodium: 330 milligrams
7. Sugar: 8 grams

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