

Chicken ala King

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-ala-king-recipe-with-cream-south-africa>

Ingredients:

- 3 tablespoons butter
- 8 ounces fresh mushrooms sliced
- 2 tablespoons garlic Fresh, minced
- 3 tablespoons wondra
- 1 pinch cayenne powder
- 1 cup water
- 3 teaspoons chicken bouillon No Sodium
- 1/2 cup heavy whipping cream do not whip
- 2 cups chicken Cooked, Chopped
- 1 bag frozen peas microwaved 3 minutes
- 1/2 cup Parmesan cheese
- 1 teaspoon black pepper

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 145 milligrams
4. Fat: 27 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 15 grams
8. Sodium: 640 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Chicken ala King above. You can see more 16 chicken ala king recipe with cream south africa Ignite your passion for cooking! to get more great cooking ideas.