

Spinach Chicken & Pasta Salad with Teriyaki Vinaigrette

Yield: 7 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/pasta-al-limone-italian-recipe>

Ingredients:

- 1 cup canola oil
- 2/3 cup teriyaki sauce bottled, I used 1/3 cup but you may want to add more depending on your taste
- 1/3 cup rice vinegar
- 1/3 cup cider vinegar
- 6 tablespoons sugar
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
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- 16 ounces bow tie pasta
- 1 bag fresh spinach 9 – 10 oz
- 6 ounces Craisins
- 22 ounces mandarin oranges drained
- 8 ounces water chestnuts drained and slivered
- 1/2 cup fresh parsley chopped
- 4 green onions thinly sliced, white and green parts
- 1/4 cup sesame seeds toasted
- 6 ounces roasted peanuts honey
- 2 1/2 tablespoons teriyaki sauce
- 2 cups cooked chicken

Nutrition:

1. Calories: 1070 calories
2. Carbohydrate: 120 grams
3. Cholesterol: 35 milligrams
4. Fat: 54 grams
5. Fiber: 9 grams

6. Protein: 33 grams
 7. SaturatedFat: 6 grams
 8. Sodium: 1620 milligrams
 9. Sugar: 44 grams
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