

Crock Pot Beef, mushrooms and gravy

Yield: 4 min
Total Time: 255 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-gravy-recipe-indian>

Ingredients:

- 2 pounds sirloin steak cut into slices
- 1 yellow onion large, cut into slices
- 1 red pepper cut into one inch pieces
- 6 shallots garlic, or young cloves minced
- 6 mushrooms large Crimini, sliced
- 2 tablespoons beef bullion paste
- 1 package beef gravy dry mix, I used McCormack
- 1 cup water
- 2 cups basmati or other rice, I used Trader Joes basmati rice blend
- 4 cups chicken broth to cook the rice

Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 110 grams
3. Cholesterol: 100 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 69 grams
7. SaturatedFat: 5 grams
8. Sodium: 240 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Crock Pot Beef, mushrooms and gravy above. You can see more 15 beef gravy recipe indian Cook up something special! to get more great cooking ideas.