

# Holiday Caramel Chex Mix

Yield: 15 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-chex-mix-recipe-savory>

## Ingredients:

- 12 ounces corn chex package, about 10-1/2 to 11 cups, may also use Rice or Wheat Chex or a mixture
- 1 cup whole almonds 5 ounces, 142 grams, lightly toasted, 350° F for 10 minutes
- 1 cup pecans 4 ounces, 113 grams whole, lightly toasted, 350° F for 10 minutes
- 1 stick unsalted butter 1/2 cup, 4 ounces, 113 grams
- 3/4 cup light brown sugar 5.625 ounces, 160 grams, packed
- 1/4 cup light corn syrup 6 Tablespoons, 4.125 ounces, 117 grams
- 3/4 teaspoon salt
- 3/4 teaspoon vanilla extract
- 3/4 teaspoon baking soda
- 1 cup m&m 6.8 ounces, 196 grams holiday, red and green

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 20 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 6 grams
8. Sodium: 210 milligrams
9. Sugar: 21 grams

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