

Soft & Chewy Italian Bread

Yield: 20 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/homemade-soft-and-chewy-italian-bread-recipe>

Ingredients:

- 1/2 cup warm water very, 115-120 degrees F
- 4 1/2 teaspoons instant yeast
- 4 1/2 teaspoons sugar
- 2 cups lukewarm water
- 4 1/2 teaspoons olive oil
- 2 1/4 teaspoons salt
- 6 cups bread flour or all purpose
- 1 egg + 1 tbsp water, whisked together

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 10 milligrams
4. Fat: 2 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. Sodium: 270 milligrams
8. Sugar: 1 grams

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