

# Chetna Makan's yogurt chicken curry

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chetna-indian-recipe>

## Ingredients:

- 7/8 cup natural yogurt
- 1 teaspoon salt
- 1 teaspoon Garam Masala
- 1/2 teaspoon ground turmeric
- 1/2 teaspoon chilli powder
- 2 garlic cloves grated
- 1 1/3 pounds boneless, skinless chicken thighs cut into 3cm pieces
- 2 tablespoons sunflower oil
- 1 teaspoon cumin seeds
- 2 tomatoes thinly sliced
- 1 1/4 cups coriander leaves fresh, finely chopped

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 100 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 3 grams
8. Sodium: 790 milligrams
9. Sugar: 4 grams

---

Thank you for visiting our website. Hope you enjoy Chetna Makan's yogurt chicken curry above. You can see more 19 chetna indian recipe They're simply irresistible! to get more great cooking ideas.