

Taco Lasagna

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/cheesy-mexican-taco-lasagna-recipe>

Ingredients:

- 1 pound ground beef 96/4
- 1 packet taco seasoning
- 1/4 cup water
- 1 can diced tomatoes Ro*Tel, with chiles drained
- 1 can cheese soup Nacho
- 1/4 cup sour cream
- 1 cup grated cheddar
- 12 tortillas 8- inch soft
- guacamole
- cilantro
- sour cream

Nutrition:

1. Calories: 1120 calories
2. Carbohydrate: 114 grams
3. Cholesterol: 125 milligrams
4. Fat: 51 grams
5. Fiber: 7 grams
6. Protein: 48 grams
7. SaturatedFat: 22 grams
8. Sodium: 1970 milligrams
9. Sugar: 7 grams
10. TransFat: 1 grams

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