

# Low Carb Cheese Sticks

Yield: 8 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/cheese-sticks-recipe-indian>

## Ingredients:

- 8 cheese sticks regular
- 1 large egg
- 1/4 cup almond flour
- 1/2 cup grated Parmesan cheese
- 1 teaspoon italian seasoning
- 1/4 teaspoon ground rosemary
- 1 teaspoon garlic powder