

Pumpkin Spice Cream Cheese Spread

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/cream-cheese-spread-italian-recipe>

Ingredients:

- 4 ounces cream cheese softened
- 3 tablespoons brown sugar
- 2 tablespoons pure maple syrup
- 1/4 cup canned pumpkin
- 1/2 teaspoon pumpkin pie spice
- 1/4 teaspoon cinnamon
- 1/4 teaspoon vanilla extract

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 30 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 5 grams
8. Sodium: 95 milligrams
9. Sugar: 14 grams

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