

Chanterelle Tacos

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chanterelle-mushroom-indian-recipe>

Ingredients:

- 12 ounces chanterelles roughly chopped
- 2 cloves garlic minced
- 1/2 cup cheese aged, we used Kerrygold Dubliner, which I highly recommend
- sea salt
- freshly ground pepper
- 1/2 onion chopped finely
- 2 tablespoons unsalted butter
- 2 tablespoons olive oil
- 1/4 cup green onion sliced
- corn tortillas warmed, for serving

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 30 milligrams
4. Fat: 19 grams
5. Fiber: 6 grams
6. Protein: 6 grams
7. SaturatedFat: 8 grams
8. Sodium: 300 milligrams
9. Sugar: 1 grams

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